FEDERAL BOARD OF INTERMEDIATE AND SECONDARY EDUCATION
SECTOR H-8/4, ISLAMABAD

HOME ECONOMICS (SKILL BASED)

ASSESSMENT MANUAL FOR PRACTICAL OF

HOME ECONOMICS-I

HSSC-I

NATIONAL CURRICULUM OF PAKISTAN

2022-2023

HOME ECONOMICS (SKILL BASED)
HSSC-I

Purpose:

- This **rubric** ensures **standardized marking** for all students.
- Students know **exactly what is expected** from them.
- This format provides **clarity, fairness, and transparency** for both faculty and students.

Section I – Theory Paper Assessment (40%-40 Marks)

Component	Criteria	Max Marks	Marks Obtained
MCQs (20%)	Knowledge recall, basic concepts	08	
Short Answer Questions (50%)	Reasoning, home based application, clarity	20	
Long Questions (30%)	Critical thinking, depth of understanding, problem-solving	12	
Total Theory		40	

Section II – Practical Assessment (60%-60 Marks)

A. Practical Manual (5%-5Marks)

Criteria	Max Marks	Marks Obtained
Presentation of index as per the sequence of domains.	2	
Labeled Self Explanatory Diagrams	1	
Neatness, organization, timely submission	1	
Teacher`s signature & verification	1	
Total Marks	5	

Verification Level: Subject Teacher/Instructor and HOD/Principal with Name, Signature & Stamp

B. Viva Voce (5%-5 Marks)

Criteria	Max Marks	Marks Obtained
Two questions related to conceptual understanding about theoretical knowledge related to assigned practical of Domain A: Home Management.	1x2Q=2	
Two questions related to conceptual understanding about theoretical knowledge related to assigned practical of Domain B: Resources	1x2Q=2	
One questions related to conceptual understanding about theoretical knowledge related to assigned practical of Domain C: Income & Budgeting.	1x1Q=1	
Total	**05**	
Note: No additional Question shall be asked. Only 05 Questions are allowed.		

C. Yearly Practical Projects (20%-20 Marks)

Criteria	Max Marks	Marks Obtained
Project Work: 1. Paper Collage Wall Hanging 2. Cushion Covers 3. Rug / or Pottery decoration with left over things like spare keys, mirrors, shells jewelry, toys etc. 4. Home goods project	5x4projects=20	
Total	**20**	

D. Hands on practical skill/ Experimental Skills & Performance (30%-30Marks)

Criteria	Max Marks	Marks Obtained
Set a tray for breakfast/ or set one person serving of breakfast on the table provided	5	
Prepare a 6x6 sample of embroidery/ patchwork; applique/ Tie and dye.	5	
Preparation of Time Table (College student, Working lady, Housewife)	5	
Prepare a Middle-income Budget plan for Friend`s party, Family get-together.	5	
Step-by-step performance of procedure/ Written record of procedure performed (Furniture polishing/ Brass polishing/Window pan cleaning)	10	
Total	**30**	

Note: Hands-on Practical skills/Experimental skills marks will be awarded as per candidate performance by the External Examiner.

E. Time

- **Time Allowed:** 3.5 Hours

Final Assessment Summary

Component	Max Marks	Marks Obtained
Section I: Theory Paper Assessment	40	
Total	40	
Section II: Practical Assessment		
Practical Manual	05	
Viva	05	
Yearly project work	20	
Hands-on Practical Skills/Experimental Skills & Performance	30	
Total	60	
Grand Total	40+60=100	

1. **External Examiner**
   To ensure transparency, reliability and validity. Students will be evaluated by qualified external examiner.

Responsibilities:

- Oversees the entire practical exam process.
- Ensures exams are conducted according to policy.
- Practical Manual countersigned by the external examiner.
- Evaluates hands-on practical skills.
- Maintains fairness and addresses student/examiner issues if they arise.
- Viva voce questions may be asked as per above mentioned policy.
- Special attention may be given to the availability of the lab equipment relevant to practical.
- Ensures lab safety compliance.

2. Supporting Staff (Internal)

Lab Assistant and attendant

- Prepares lab/equipment.
- Assist external examiner in conduction of practical examination.

Lab attendant

- Serve external examiners.
- Assist lab assistant in preparation of labs.

Grade 11	
List of Practical	**Mapping with the SLO`s**
1) Prepare value hierarchy chart of family for effective home management prioritize value of discipline, unity, economy, planning etc. **2)** Design a management flow chart for managing event home to harmonize human relationship among Pakistani families of Eid-Milan gathering, religious gathering, friends and family get together etc.	**[SLO:HE-11-A-01]:** Describe the importance of defining values and goals related to management in the home
3) Enlist at-least 05 Islamic values, social values, and cultural values observed by Pakistani families **4)** Write down immediate, short term, and long term goals of • College student • House wife(with family of 03 school going children) • Working women (who is a mother of 02 grown up girls)	**[SLO:HE-11-A-02]:** Interpret some values and goal as observed by Pakistani families for home management
5) Demonstrate ways of developing simple goals in a family to follow its important values like • Cleanliness • Discipline • Unity Suggest goals for a college going student (female) to achieve values for health in her daily routine	**[SLO:HE-11-A-03]:** Formulate importance of developing goals as a means of realizing values
6) Prepare a daily and weekly time tables for • Self • House wife • Working women	**[SLO:HE-11-B-02]:** Describe time planning and its advantages
7) Emphasis on method of work simplification: experiment of at least 04 activities from different aspects of life • Table laying • Polishing: silver and brass • Culinary and food prep lab tasks ➢ The “Mise en Place” efficiency test (to teach student the core principle of work simplification, time management and motion economy in a kitchen	**[SLO:HE-11-B-03]:** Interpret the effectiveness of wise and economical use of time in house-hold activities

environment) Vegetable chopping techniques, Assembly line vs. unit production ➢ Dish washing and clean up layouts Sink sequence and scraper study The two-handed cleaning method	
8) Evaluate according to your own height, sitting and standing best possible comfortable height to reach, with diagram	**[SLO:HE-11-B-04]:** Examine energy management-ways of avoiding fatigue
9) Demonstrate with help of images appropriate body positions and height for different household activities	**[SLO:HE-11-B-05]:** Identify work simplification to save time and energy
10) Furniture polishing • Traditional French polishing (Shellac and Spirit method) • The soap flake finish (Scandinavian matt finish) • Beeswax-Linseed slurry with steel wool leveling • Oil slurry sanding (wet on Wet Polishing)	**[SLO:HE-11-B-06]:** Analyze principles of work simplification
11) Make budget for different income levels **12)** Making and Executing budget for friend's party at any income level (low, medium or high)	**[SLO:HE-11-C-03]:** Define budgeting and its advantages
13) Keep a record of expenditure carried out for practical and project work of the subject of home economics	**[SLO:HE-11-C-05]:** Examine account keeping for a better planning of current and future expenditures

Yearly Project Work:

1. **Prepare one wall hanging for living area** of the house using collage technique and papers of different types, textures, and shapes (16"x18" min.)
2. **Rug making/ or Pottery decoration with left over things using**

For Pottery decoration

- spare keys
- Mirrors
- Shells
- Jewelry
- Toys etc.

For Rug making

- Using old blanket and wool embroidery on it
- Rug made with Latch Hook on jute or canvas
- Using old fabric, braided and knotted into rugs
- Any other method of own choice

3. **Prepare a pair of cushion covers** (16"x16' or 24"x24" or 30"x30")for rest area using any one of the following combination technique
   - Tie and Dye and Patchwork/Applique
   - Embroidery and Fabric painting
4. **Plan, execute and evaluate any 01-project** related to **home goods** (Wall art, Tote Bag, Frames, Table risers, Storage gadgets, and Rope baskets, Self-use/ renovation project) during a 30-day allocated time. (Individual project)
   - **Enlist human and material resources used**
   - **Management flow chart** to carry out activities in stages of planning, organizing, implementing, and evaluations of the project

Note: Maintain record of practical in a file.

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MODEL PAPER HOME ECONOMICS
HSSC-I (SKILL BASED)
PRACTICAL EXAMINATION

Time Allowed: 3:30 Hours **Total Marks: 60**

EXAMINATION STRUCTURE & MARKS DISTRIBUTION

Section	Instructions / Details	Marks
Practical & Written Exam	Q:1 Set a tray for breakfast/ or set one person serving of breakfast on the table provided	**05 Marks**
	Q: 2 Prepare a 6x6 sample of embroidery/ patchwork; applique/ Tie and dye.	**05 Marks**
	Q: 3 Prepare a daily timetable for a college student/yourself.	**05 Marks**
	Q: 4 Prepare a middle income budget plan for a friend's party at home.	**05 Marks**
	Q: 5 Perform furniture polishing on a part of furniture assigned and write down the procedure for furniture polishing.	**10 Marks**
Year Work / File	**1. Paper Collage Wall Hanging** **2. Cushion Covers** **3. Rug or Pottery decoration** **4. Home goods project**	**(5+5+5+5)** **20 Marks**
	Practical manual/File of Home Economics	**5 Marks**
Viva Voce	Oral examination based on the practical file and curriculum concepts.	**05 Marks**